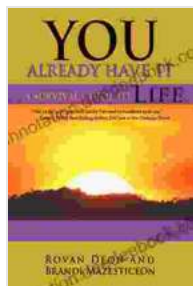


You Already Have It: A Transformative Guide to Unlocking Your Inner Power



You Already Have It: A Survival Guide to Life by Rován Deon

★★★★★ 5 out of 5

Language : English

File size : 1262 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Lending : Enabled

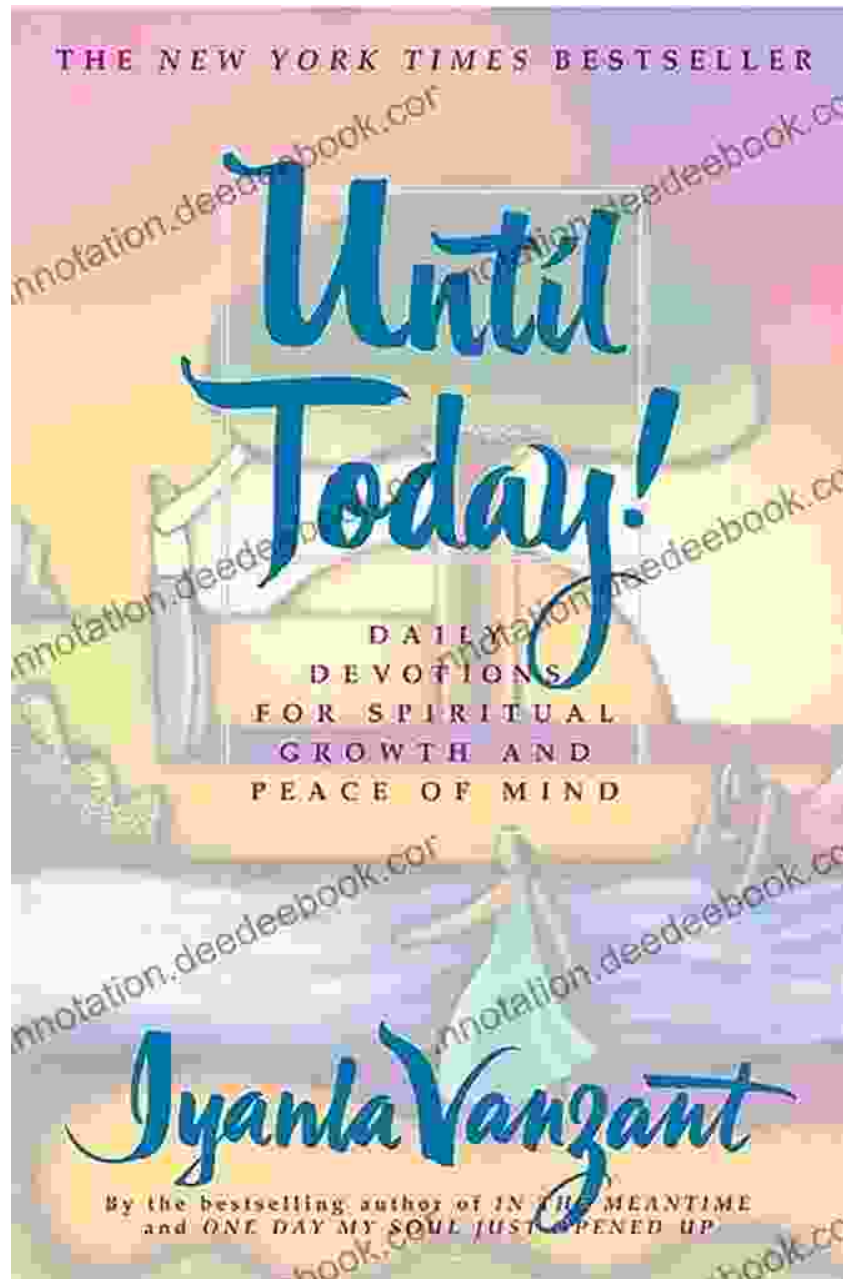
Screen Reader : Supported

Print length : 293 pages

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In her book *You Already Have It*, Iyanla Vanzant teaches readers how to tap into their inner power and live a more fulfilling life. She argues that we all have the potential to create the life we want, but we often get in our own way. Our fears, doubts, and limiting beliefs hold us back from reaching our full potential.

Vanzant offers a practical guide to help readers overcome these obstacles and live a life of purpose and passion. She provides readers with exercises and meditations designed to help them connect with their inner power and manifest their desires.

You Already Have It is a powerful book that can help readers transform their lives. Vanzant's insights and guidance will inspire readers to let go of their fears and doubts, and to embrace their true potential.

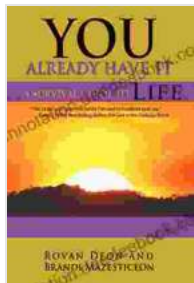
Key Lessons from *You Already Have It*

- You already have everything you need to create the life you want.
- Your fears, doubts, and limiting beliefs are holding you back.
- You can overcome your obstacles and live a life of purpose and passion.
- Vanzant offers a practical guide to help you connect with your inner power and manifest your desires.

How to Apply the Lessons of *You Already Have It* to Your Life

1. Identify your fears, doubts, and limiting beliefs.
2. Challenge your negative thoughts and replace them with positive ones.
3. Set clear goals for your life and take action steps to achieve them.
4. Visualize yourself achieving your goals and feeling the emotions that you will experience.
5. Be patient and persistent. It takes time to change your mindset and create the life you want.

You Already Have It is a life-changing book that can help you unlock your inner power and live a more fulfilling life. If you are ready to make a change, this book is for you.



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