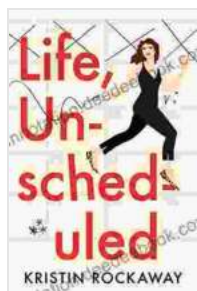


Life Unscheduled: Kristin Rockaway's Extraordinary Journey Through Adventure and Entrepreneurship

Kristin Rockaway's memoir, *Life Unscheduled*, is an inspiring and captivating read that chronicles her extraordinary journey from outdoor adventure guide to successful entrepreneur. Through her engaging storytelling, Rockaway shares valuable life lessons about embracing the unknown, taking risks, and finding success on her own terms.

Rockaway's love for the outdoors began at a young age, and she pursued a career as an outdoor adventure guide. For years, she led groups on thrilling expeditions in remote and breathtaking locations around the world. However, after a life-changing experience during a solo expedition in Alaska, Rockaway realized that she had a deeper calling in life.

In 2011, she founded Rising Tides Leadership, a company dedicated to developing leadership skills in women through outdoor adventure experiences. Rising Tides quickly gained recognition for its innovative approach and impactful programs, and Rockaway's entrepreneurial spirit soared.



Life, Unscheduled by Kristin Rockaway

★★★★☆ 4.1 out of 5

Language : English
File size : 1362 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled



Throughout her journey, Rockaway has faced numerous challenges and obstacles. In *Life Unscheduled*, she generously shares the life lessons she has learned along the way. These lessons include:

- **Embrace the Unknown:** Rockaway emphasizes the importance of stepping outside of one's comfort zone and embracing the unknown. She believes that true growth and fulfillment can only be found by taking risks and venturing into uncharted territory.
- **Take Calculated Risks:** While embracing the unknown, Rockaway also stresses the importance of taking calculated risks. She advises readers to carefully consider the potential consequences of their decisions and to make choices that align with their values and goals.
- **Find Success on Your Own Terms:** Rockaway's journey has taught her that success is not defined by external measures such as status, wealth, or recognition. She encourages readers to define success on their own terms, based on what truly matters to them.
- **Lead with Authenticity:** As a leader in the adventure and business worlds, Rockaway believes that authenticity is essential. She advises readers to be true to themselves, to lead with their values, and to inspire others through their genuine passion.

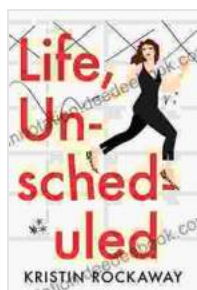
Life Unscheduled is more than just a memoir; it is a tapestry of courage, resilience, and determination. Through Rockaway's inspiring storytelling,

readers are invited to reflect on their own lives, to embrace their own potential, and to live a life that is truly unscheduled and fulfilling.

Kristin Rockaway's Life Unscheduled is an invaluable resource for anyone seeking inspiration, life lessons, or guidance on their own entrepreneurial journey. Through her captivating storytelling and powerful insights, Rockaway empowers readers to embrace the unknown, take risks, and create a life that is truly their own.

Kristin Rockaway is an award-winning outdoor leader, speaker, and entrepreneur. She is the founder and CEO of Rising Tides Leadership, a company that provides transformative leadership programs for women. Rockaway is also the host of the podcast, The Unscheduled Life where she interviews inspiring individuals who have navigated unexpected paths and achieved success on their own terms.

- [Life Unscheduled Website](#)
- [Rising Tides Leadership Website](#)
- [The Unscheduled Life Podcast](#)



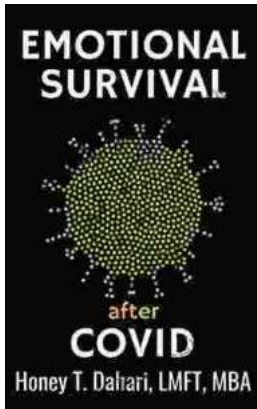
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